

Mulundkars's welcome, Lord Bappa, with Dhol and Tasha!

■ Home Times Network

The 10-day Ganesh Chaturthi Utsav, conventionally known as Anant Chaturdashi, began with joy and enthusiasm. Devotes welcomed Lord Ganesha with traditional drum beating, Dhol -Tasha and dance on Tuesday 19. The Sarvajanic Mandals in

Mulund, as usual, decorated their Pandal with different themes and installed Ganesh idols of various sizes, from a minimum of 5 feet to as tall as 18 feet. **HOME TIMES** gives our readers a 'Darshan' of Lord Bappa in different Mandals across Mulund!

Contd. on page 3-4-5-6

Maharaja Ambika Mitra Mandal of Mulund

Venue: Ambika
Nagar, Mulund
West, Nos. of
Years: 52, Height
of Ganesh: 17 feet
Highlight: Cultural
programmes are
organised



HOME TIMES

Share your
GANPATI BAPPA
and his Decorations
with us.

Send us a short write- up about
the decorations made for Bappa on
write2us@hometimes.in
and get featured in **Home Times**.

Excellent decoration
will be featured in
Home Times



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Mulund Ka Raja

Venue: Gavanpada, Nos. of Years: 57
Height of Ganesh: 17.5 feet, Tableau (Jhaki):
Lord Ganesha sitting on a king's throne



Om Group Mitra Mandal

Venue: J.N.Road, Nos. of Years: 27
Height of Ganesh: 10 feet, Highlight: One
Thousand Laddus Bhog and Home Havan



Anand Mitra Mandal

(Maharaja of Malabar Hill)
Venue: Mulund Colony
Years: 35, Height : 15 feet



Santoshi Mata Mitra Mandal (LBS Ka Raja)

Venue: Mulund LBS Marg.
Nos. of Years: 32
Height of Ganesh: 22 feet



Mulund Cha Shree

Venue: Mulund East GV Sceme
Nos. of Years: 57
Height of Ganesh: 19 feet



Keshav Pada Mitra Mandal

Venue: P.K. Road, Keshav Pada
Nos. of Years: 69
Height of Ganesh: 16 feet

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Sri Ganesh Mitra Mandal Patai Bappa

Venue: Chandan Bagh Lane, Years: 59
Height of Ganesh: 13 ft, Tableau (Jhaki): A scene from Lal Mahal



Sargam Mitra Mandal

Venue: RHB Road,
Nos. of Years: 51
Height of Ganesh: 10 ft.



Navyuvak Mitra Mandal

Venue: Kothari Niwas
of Mulund, West
Nos. of Years: 40



Sri Bal Gopal Mitra Mandal

Venue: 90 feet of road, Mulund East
Nos. of Years: 23



Dhruv Mitra Mandal

Venue: Vishwakarma Nagar, Mullund West
Height of Ganesh: 7 feet



Neelam Nagar Ganesha Utsav Mandal,

Venue: Neelam Nagar, Mulund East
Height of Ganesh: 5.5 feet



Sarvajanik Utsav Samiti Mandal

Venue: J. N. Road, Mulund West
No. of Years: 40, Height of Ganesh: 6.5 feet



Shri Girija Mitra Mandal

Venue: Nahur village
Nos. of Years: 15, Height of Ganesh: 8 feet



Azad Mitra Mandal

Venue: Ramgad, Mulund West
Nos. of Years: 46

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Ajinkya Mitra Mandal

Venue: Rohidas Nagar, Nos. of Years: 46
Height of Ganesh: 16 feet
Highlight: Many social works



Ashtavinayak Mitra Mandal

Venue: Ashok Nagar, No of Years: 47 years,
Height of Ganesh: 5 feet, Tableau (Jhaki):
Varkari community backdrop



Shanti Nagar Rahavasi Sangh

Venue: Gaushala Road, Nos. of Years: 27
Highlight: Mulund's first eco-friendly
Ganesh Utsav • Ganesh idol made of fibre
in Iceland. Theme: To save the citizens
from the destruction of global warming.



Navghar Police Station

Venue: Mulund East.
Highlight: Regular pooja and aarti by the
police officers and staff



Mulund West Police Station

Venue: N.S. Road, Mulund West.
Highlight: A police station illuminated with
dazzling lights



Shiv Prerna Mitra Mandal

(Vighnaharta of Tata Colony) Mulund E,
Nos. of Years: 34, Height of Ganesh: 5 feet
Tableau (Jhaki): A tableau of Kedarnath



Shiv Sahyadri Mitra Mandal

Venue: Mulund Pipeline, Years: 22
Tableau (Jhaki): Attractive decoration



Swagat Mitra Mandal (Lambodar)

Dumping Road, Years: 28, Hight-10 feet,
Highlight: Garuda: Bappa seated on Garuda



Vishwa Shanti Social Society Mitra

Mandal, Venue: Mulund West
Years: 27, Height of Ganesh: 12 feet

Mulundkars's welcome, Lord Bappa, with Dhol and Tasha!



Maharashtra Mitra Mandal

Venue: Dumping Road, Mulund West
Years: 29, Height of Ganesh: 14 feet



Mulundcha Vighnaharta

Venue: Mulund Colony
Years: 53, Height of Ganesh: 18 feet



Sainath Mitra Mandal

Venue: Sainath Nagar, Mulund East
Year: 16, Height of Ganesh: 16 feet



Achanak Mitra Mandal

Venue: Dumping Road
Nos. of Years: 3
Height of Ganesh: 5.5 feet



Adarsh Tarun Mitra Mandal

Venue: Siddharth Nagar
Number of Years: 53 years
Height of Ganesh: 8 feet



Sri Kesari Mitra Mandal

Venue: Mulund East
The first Mandal in Mulund
Height of Ganesh: 10 feet



Shivaay Mitra Mandal

Venue: Devi Dayal Road, Nos. of Years: 1
Highlighted: Bappa is swinging from left to right on the Trishul of Lord Shiva's



Shri Hanuman Seva Mandal

Venue: Vijayanagar Mulund West
Years: 16, Height : 6.5 feet, Highlights: Bappa seated upon the Sheshnag; eco-friendly



Surya Youth Foundation

Venue: Dumping Road, Mulund West.
Years: 1, Height : 5 feet, Highlight: A free eye check-up camp for the devotees.

EDITORIAL

Let us offer a solution by avoiding sound pollution

The Ganesh festival is being celebrated with excitement and zeal in the country. However, the enthusiasm for the Ganesh festival is seen to be believed in the villages of Maharashtra. Each year during the Ganesh festival, people who have migrated to cities for a better living rush to their villages to celebrate the festival in their native language, as it is an age-old tradition to get together and celebrate the festival along with our families. Thus, the rush of devotees visiting their villages is unprecedented on trains, buses, and even at airports.

With all the restrictions of the evil Corona removed, the fervour to celebrate the Ganesh festival with the utmost 'Mauj and Masti' is among the people. In their ecstasy to celebrate Ganpati, generally, people forget the tenets of society. In their madness to enjoy the festival, people forget that the raucous sounds of deafening musical instruments like Dhol-Tasha are hazardous for senior citizens, infants, heart patients, and patients in hospitals. Important institutions like schools, colleges, and courts are also facing great difficulty in functioning.

Every year before the start of the Ganesh festival, the BMC and the NGOs urge people to avoid noise pollution. The administration releases guidelines and strictly warns against playing music below the audible sound, but the Mandals pay no heed. Even the devotees go hysterical during Visarjan and chant even the devotional Ganesh Bhajans atop their voices, thus killing the divinity of the Bhajans and making it a curse for the human ears.

Similarly, zealous devotees violate traffic rules by either dancing on the road under the influence of drugs during the Visarjan or enthusiastic devotees making obscene gestures during processions, throwing Gulals at others, and deliberately doing mischievous pranks to cause traffic jams. There have been efforts to ban the sale of plaster of Paris (PoP) idols for the Ganesh Chaturthi festival in the past, but these have proved futile. Every year with Ganesh Chaturthi celebrations invites huge environmental risks. Plaster of Paris contains calcium sulphate hemihydrate, which can take several years to fully dissolve. It also reduces oxygen levels in the water and kills fish and other aquatic animals. The result is a huge amount of water pollution, which then gets mixed with other types of waste, thereby poisoning our water sources for several years.

It is the responsibility of all of us to eradicate the wrong and immoral acts that are not part of the religious culture. However, for that, it is important that all of us collectively follow the guidelines of the government. We must take a pledge that we will follow discipline, and during the Visarjan procession, we will not intrude on the traffic and follow the rules and regulations. The Nirmalya brought along with the idol for immersion should be deposited in the Nirmalya Kalash without putting it in water so that the Nirmalya can be used for fertilising and for trees.

Come, let's pledge: together we can and together we shall make this year's Visarjan procession an example for others to follow.

**Hemanshu
Kothari**



39-DAY OLD BABY DIES AFTER THROWN OFF FROM 14TH FLOOR HOUSE

In a bizarre incident, a mentally disturbed mother is arrested on a charge of brutally killing her 39-day-old child by throwing her off the bedroom window from the 14th floor in Mulund! Mulund Police has registered a case against the mother of the deceased under Section 302 of the IPC, and further investigation is underway.

According to Mulund Police, Manali Mehta is a married woman who stays in Surat with her husband. 39 days later, she gave birth to a baby girl. A few months ago, Manali had come to Mulund at her mother's residence as her father had expired. The doctor claim that the death of her father had a profound impact on Manali's brain. She was suffering from mental illness and would feel

as if her father were calling her granddaughter. On Wednesday night, she felt a similar sense, and she opened her window and threw her daughter out of the house.

The next morning, a resident of the first floor noticed a dead child lying on the roof of the photo studio of the Yogesh building located on the opposite side of the building. He immediately called the police. The police reached the site and rushed the 39-day-old newborn for a post-mortem.

Informing me about the incident, a Mulund Police officer said, "The name of the newborn is Hashvi. Her mother is mentally disturbed and is also a deaf-mute victim. We have arrested Manali under Section 302 of the IPC and are investigating the case."

Women power honoured in newly built Parliament



Female members of the BJP are overjoyed following a significant development in women's representation.

Despite the pouring rain, the BJP Mahila Morcha exuberantly gathered outside their central office in Mulund East to convey their appreciation to the Modi government for successfully passing the Women's Bill in the recently formed parliament. In a spirited celebration, women, sporting balloons, celebrated the passage of the Women's Reservation Bill and extended their heartfelt gratitude to Prime Minister Narendra Modi. This joyous occasion was masterfully organized under the guidance of Rashmi Jadhav, the General Secretary of the BJP Mahila Morcha.

5 held for online task fraud

■ Home Times Network

In a massive police hunt against increasing cyber-cheats, particularly the gang conning people through online task jobs, the Mulund Police have busted the gang and arrested five accused, including a Nigerian. The police have seized several mobile phones, laptops, and SIM cards from the culprits. The court has remanded them to police custody.

These days, cyber sharks are attracting people, usually the unemployed and the retired, to earn quick money by doing simple tasks and earning good money on Telegram. After lockdown, many people have

lost their jobs. Hence taking advantage of the unemployed, the cyber-cheat gang is conning people to invest little and get attractive returns by doing easy tasks on Telegram. A few weeks ago, HOME TIMES reported about a 32-year-old Mulund lady who became a victim of the gang and lost Rs 1 lakh, 50, 000/- in the lure of earning big money through the Telegram group. The lady complained, and the police went into action.

The arrested accused is Mohammad Kader (34) from Bengaluru. His other accomplices arrested include Ajay Pathak (34), Imran Khan (42), Zakir Ansari (52) from Nalasopara, and



Nigerian Sopulu Samuel (43). Mulund Police have recovered 14 ATM cards, 13 cheque books, four passbooks, 20 mobile phones, 2 laptops, and 11 SIM cards from the possession of the accused.

The gang has been busted

under the guidance of Deputy Commissioner of Police Purushottam Karad of Zone VII. Other prominent officers include the Senior Police Inspector of Mulund Police Station, Kantilal Kothimbire, Police Sub-Inspector Shivanand Apune, and his team.

TRAGIC LOSS: LABOURER'S FATAL FALL FROM THIRD FLOOR DURING BUILDING DEMOLITION

■ Home Times Network

In a grievous incident during the demolition of a building in Mulund East, a labourer met with a fatal accident, falling from the third floor. The Navghar police have responded by filing a case against the contractor and building manager, citing the lack of appropriate safety equipment for the worker as a significant contributing factor.

Abdul Raqib Khan was tasked with routine demolition work on the third floor of a building situated in the Transit Camp area of Mulund. On the evening of September 18, at approximately 5:30 p.m., tragedy struck as Abdul lost his balance while performing his duties, resulting in the collapse of a slab that

led to his fall and subsequent severe injuries. Despite immediate efforts by on-site locals to rush him to Rajawadi Hospital in Ghatkopar, Abdul tragically succumbed to his injuries before medical assistance could be provided.

Upon receiving this distressing news, Abdul's brother-initiated inquiries with fellow workers at the site, uncovering the negligence of the contractor in providing safety equipment to Abdul Khan during his work. In response to this grave oversight, Abdul Khan's brother lodged a formal complaint against the contractor at the Navghar police station. The Navghar police conducted a thorough investigation and subsequently filed a case against the

contractor, specifically Abdul Mustaki Khan and Bilal Mohammad. The alarming reality persists that workers at construction sites are frequently compelled to work in hazardous conditions devoid of essential safety gear, like helmets and harness life jackets. This recurring problem has tragically claimed the lives of workers in the past due to preventable accidents. In the aftermath of this heart-wrenching incident, there is a collective hope that the case registered at Mulund Police Station will stand as a stern reminder to construction contractors, emphasizing the critical need to prioritize the safety and well-being of their workers and uphold the necessary safety standards.

House burgled-Thieves escape with booty worth Rs two lac plus

■ Home Times Network

In a stunning house break-in, burglars broke open the front door of a locked house and escaped with gold jewellery and cash worth Rs 2 lakhs and more. Navghar Police is investigating the theft.

According to Navghar Police, when Mulund East resident

Bhaskar Shukalkar and his wife had gone to the market in their absence, their locked house was burgled. When the couple returned home, they were shocked to discover the front door left open ajar and the gold jewellery, kept in the safe locker, looted!

Bhaskar Shukalkar, in his

complaint, reported that the list of jewellery stolen included a 30-gram gold mangalsutra worth Rs 90,000/-, a 5-gram earring worth Rs 15000/-, a 10-gram gold necklace worth Rs 30,000/-, and a 5-gram ring worth Rs 30,000/-. In addition, two rings weighing 3 -gram each, a 5-gram gold key chain,

4 -gram gold bracelet worth Rs 12,000/- are two watches by Titan. Rs 5000/- cash the total price reported is 2 lakh 26 thousand rupees.

Navghar Police has registered a case under Section 380 of the IPC against an unidentified person, and the accused is absconding.

Action will be taken against individuals who display banners at the Visarjan Ghat

The BMC and police administration are closely monitoring the disposal sites, keeping a vigilant eye on activities

■ Home Times Network

The administration has issued a strong warning against waving banners near the Visarjan ghat area, cautioning that law enforcement will intervene. This has stirred discontent among those keen on displaying banners. The civic and police authorities are actively supervising banner activities in both Mulund East and West.

Ahead of Ganesh Chaturthi, the BMC has made specific arrangements for Ganesh Visarjan, ensuring facilities for the immersion of Ganesha idols in seven

lakes, encompassing artificial and natural ones. Traditionally, numerous banners are displayed near these immersion ponds by political figures, public representatives, and various companies promoting their products. However, this year, both the BMC and police administration are ready to impose penalties on such advertisements. The Mulund police have already taken action by removing unauthorized banners near certain immersion ponds in Mulund East, in anticipation of the one-and-a-half-day Ganpati immersion. They have issued

a stern warning, affirming that legal action will be taken against anyone erecting banners at these public bathing areas.

Displaying banners at the immersion grounds not only tarnishes the appearance of the site but also significantly adds to plastic waste. Once these banners are placed in this location, they tend to be neglected, worsening the unhygienic conditions in the area. The administration has firmly directed that no advertising banners should be showcased at the immersion sites, causing dissatisfaction among advertisers.

The majestic idol of Lord Ganesha unveiled through Sabudana rangoli

The residents of Mulund were granted a special opportunity to witness a Guinness World Record-worthy rangoli made entirely of sabudana

■ Home Times Network

In the heart of Mulund, a beautiful rangoli portraying Lord Ganesha has been meticulously crafted using 40 kilograms of sabudana. This divine creation has quickly become the central attraction of Mulund, adorning the 11TH floor of Umiya Mahal in Vardhman Nagar.

The Ganesha idol in Mulund has become a focal point of fascination for all its citizens. This longstanding tradition of creating a rangoli of Lord Ganesha, spanning 63 years, is passionately upheld by Bhupesh Joshi, Archana Palan, Bhavna Bhanushali, Dr. Chetan Kotak, and Mohan Kumar Dodecha. Mohan Kumar drew inspiration from the distinguished artist Pandit S.M. Pandit to craft this magnificent rangoli. Every



year, they breathe life into this artwork for the devoted followers of Lord Ganesha. The unveiling of this grand rangoli has commenced energetically on their part. To witness this magnificent masterpiece, around ten thousand devotees and art enthusiasts

unite in awe. This rangoli has earned recognition from the Limca Book of Records and the Guinness Book of World Records in previous years. The Sabudana rangoli boasts an impressive array of approximately 300 distinct colour combinations. Crafting this rangoli demands exceptional skill, for even a minor colour mistake could mar the entire masterpiece. Therefore, creating this rangoli necessitates remarkable proficiency and unwavering concentration. The rangoli draws its inspiration from the mythological tales of Lord Brahma and Lord Ganesha. This towering six-and-a-half-foot rangoli of Lord Ganesha will grace the eyes of admirers until September 25. Subsequently, it will be available for display to all Ganesha devotees and art enthusiasts until October 8.

Mulund Vendor threatened for refusing to pay Ganesh Utsav amount

■ Home Times Network

A formal case has been initiated against two individuals who compelled a vendor to subscribe to a well-known Ganeshotsav Mandal in Mulund East. The Navghar police have promptly taken action in response to this matter.

The incident revolves around workers affiliated with a reputable Ganeshotsav Mandal in Mulund East employing intimidating tactics to coerce a vendor into subscribing to their organization. Specifically, workers from a local Mandal applied pressure on a hawker to pay subscription fees. Despite the vendor having already subscribed personally and through his shop, Rakesh Jadhav and Prateek Vakchoure confronted him, insisting on

an additional subscription of Rs 2000 for Ganapati. When the vendor refused, they resorted to threatening him via phone. Consequently, the vendor lodged a formal complaint against them at the Navghar police station, resulting in the registration of a non-chargeable case against both individuals.

These actions were carried out by activists associated with a notable Ganeshotsav Mandal situated within the jurisdiction of Navghar police station in Mulund. The incident transpired in the Mulund MHADA Colony area, where the vendor was going about his regular business. Workers from the local Mandal questioned him about his subscription status, even though he had already subscribed from both his residence and shop. Despite the vendor's

prior subscriptions, Rakesh Jadhav and Prateek Vakchoure persisted in demanding an additional payment, resorting to threats when the vendor resisted.

This situation highlights a troubling practice where the Public Ganeshotsav Mandal raises funds for Ganesh idol installations and associated activities by pressuring citizens through subscription drives. Certain members of the Mandal employ coercive measures, compelling citizens and shopkeepers to pay hefty sums. Regrettably, this incident is not isolated, and similar occurrences have taken place in the past. As a result, there is a growing demand for decisive action against such practices and the individuals associated with these Ganesh Mandals.

Surveillance on Criminal Activities: Police Maintaining a Watch

In a bid to apprehend individuals with a criminal history, the police have kicked off a new initiative

■ Home Times Network

The police force is taking decisive actions to ensure law and order during the Ganeshotsav celebrations. The Mulund police have initiated proactive measures against potential troublemakers who could disrupt the peaceful festivities. Specifically, the Mulund police are closely monitoring known criminals to prevent any untoward incidents during Ganeshotsav. Precautionary steps, including the detention of specific individuals, have been put into action, and appropriate notices have been issued.

Ganeshotsav is currently in full swing in Mumbai, and the police are maintaining heightened vigilance. The heightened

celebrations have seen instances of break-ins at the residences of people away for Ganeshotsav and thefts in crowded areas. Minor altercations leading to fights also pose a concern. However, the police are diligently observing individuals involved in such criminal activities.

The police are actively keeping a watch on individuals with a criminal record. Those with two or more criminal cases registered against them are being meticulously tracked by the police. These individuals are contacted at their registered addresses and summoned to the police station, where they are placed under observation. Furthermore, even those criminals not recently involved

in any criminal activities are under scrutiny. Notices are issued based on the nature of their offenses, and some are held in police custody directly until the end of the Ganeshotsav period. A targeted approach is being employed towards individuals associated with crimes such as gang wars, house break-ins, and altercations, residing in the Mulund area. This proactive stance has been implemented across various localities of Mulund, encompassing both the East and West area of Mulund suburb. It's a strategic step taken by the police administration to maintain law and order during this festive period and to ensure the safety of devotees throughout Ganeshotsav.

Home buyer duped of Rs. 10 lakhs in Mulund East

■ Home Times Network

The Navghar police are hunting for a con man for allegedly duping a customer of Rs 10 lakhs by selling him his ownership flat by keeping him dark about the mortgage of the flat with a bank and also about the outstanding loan amount of Rs.10 lakhs

According to Navghar Police, Mulund East resident Chandan Beldar (31) was searching for a

flat when he happened to meet Shyam Raj Beldar. He offered him a flat in the same building at an affordable price of just 22 lakhs. Delighted by the offer, Chandan paid Rs 1 lakh in cash and Rs 1 lakh in cheque after verifying the house documents. Later, on 27th January 2023, Chandan paid another Rs. 8 lakhs to Shyam Raj.


However, Chandan's happiness

fizzed out when he received a notice from Dnyandeep-co-op-credit-society-ltd, which had given a loan of Rs 10 lakh to Shyam Raj, demanding the loan amount and the interest of Rs 3 lakh on the mortgaged house.

Annoyed by the cheating of the Shyam Raj, Chandan met him and persuaded him to pay Rs 10 lakhs that he had borrowed. Shyam agreed but later paid no

amount to the Dnyandeep-co-op-credit-society-ltd.

Since the flat was transferred in the name of the Chandan, the Dnyandeep-co-op-credit-society-ltd harassed Chandan to pay the loan amount and the interest. Unable to withstand the stress, Chandan complained to Navghar police. The Navghar police are investigating the case.



Helpline

Citizen Reporter
78956 78956

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HOME NET
022 - 6621 1333
customerservice@homenet.net

HOME TIMES
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write2us@hometimes.in

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Please call only on
respective numbers
for appropriate response

"SU-JOK" Hot FLUSHES - MENOPAUSE SYMPTOM

NATURALLY MANAGE & TREAT WITHOUT MEDICINE



DR. MONISHA
RAWAT

When hot flushes are severe, they can happen four or five times an hour or 20 to 30 times a day, says Omicioli.

Hot flushes are a common symptom of the menopausal transition in a woman's life. Hot flushes happen due to decrease in oestrogen levels during this phase. Hot flushes occur for about 2 years for 80% of women. It can impact her quality of life. Research studies suggests that women who have hot flushes may have an increased risk of cardiovascular diseases and greater bone loss.

Symptoms

- A sudden, brief increase in body temperature in upper part of body especially face, neck and chest
- Red, flushed face
- Heart palpitations
- Perspiration in the upper part of body



• High anxiety
Hot flush can last from 1 - 5 minutes and the frequency and intensity also vary amongst women. They can also happen at night (night sweats) which can lead to long-term sleep disruptions.

At our 'Monisha's Mantra', we have been helping & treating many women to stop their hot flushes problem in the following manner, without Medicine and without any Side-effect

- Increase physical activity in the form of walking, stretching exercises, yoga-pranayama
- Practice abdominal breathing (diaphragmatic breathing) for 10 minutes, 3 times daily
- Drink enough water to stay hydrated, which helps in maintaining body temperature
- Avoid triggers such as hot and spicy foods, caffeinated beverages, alcohol, nicotine.



Acupressure -
massage with slight pressure on the palm area corresponding to ovaries and uterus for a minute, 3-4 times daily (As shown in Pic 1)

SUJOK THERAPY

Seed Therapy
- Apply kidney beans on the outer lower part of any finger daily at night (As shown in Pic 2)



International Sujok Association (ISA)
Certified Course
Schedule (1) ONLINE,
Sujok Six Ki - 1 (Level - III) - 11th to 23/10/2023
(2) RESIDENTIAL,
Meridian Sujok Ki (Level II) - 27th to 29/10/2023

Dr. Monisha Rawat - Founder of 'Monisha's Mantra', Mumbai and Global We Care Foundation -
M.Sc., M.D. (Alternative Medicine), Life Coach, Master in Sujok, Consulting Nutritionist, Corporate Trainer, Holistic Counselor, Sujok Diabetes Specialist, International Lecturer for Sujok & Smile Taiji. ISA Authorized Lecturer for SUJOK Level - I, II, III & IV
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Sunita Desai is a Tarot reader since 2003, Grand master in Reiki, Four levels in Chakra Meditation, Master in Marma, GP in Shiatsu, crystals and Pyramid expert, master Acupressurist, aroma therapist, Pranic healer, aura reader & Virtue Practitioner.

Writer of two books on Personality Development (which are taught in Gujarati medium schools in Maharashtra)
For personal consultation, You can contact her on: +91 93234 30355 or desaisunita02@gmail.com



Tarot readings, predictions & tips for the week (16th September - 22nd September 2023)

 <p>Mesh / Aries (A, L, E) Prediction: Your emotions will change from time to time this week and you will have some complaints with people around you. Advice: (i) Meditation and visit to a holy place will help you. (ii) Use orange colour and avoid sky blue colour. (iii) Pay attention to your confidence.</p>	 <p>Kark / Cancer (Da, Ha) Prediction: You will get some good amount of money and that will be used properly. Advice: (i) Try to be kind and more generous. (ii) Use green colour and avoid sweets. (iii) Pay attention to your trust.</p>	 <p>Tula / Libra (Ra, Ta) Prediction: You will be strong enough to rectify your mistakes and delays in many matters. Advice: (i) Control your imaginations and anger. (ii) Imagine the results when you do or say something. (iii) Pay attention to your thoughts.</p>	 <p>Makar / Capricorn (Kha, Ja) Prediction: You will feel yourself powerful in many matters and people will support you. Advice: (i) Donate your old clothes to needy people. (ii) Use things pink in colour. (iii) Pay attention to your target.</p>
 <p>Vrishabh / Taurus (Ba, Va, U) Prediction: You will learn something new which will help you in many ways. Your finance is okay. Advice: (i) Donate some used things to needy. (ii) Use red colour and eat green things. (iii) Pay attention to your greed.</p>	 <p>Sinha / Leo (Ma, Tt) Prediction: You will see that many things are running smoothly and you will get peace of mind. Advice: (i) Don't react negatively and rudely. (ii) Listen other people and their advices. (iii) Pay attention to your decisions.</p>	 <p>Vrushchik / Scorpio (Na, Ya) Prediction: You will enjoy this week and many people will appreciate what you do. Advice: (i) Control your emotions and relations. (ii) Don't leave any work half done. (iii) Pay attention to your anger.</p>	 <p>Kumbh/Aquarius (Ga, Sa, Sha, Sh) Prediction: You will get confused many a time. Success is there but with some extra pressure. Advice: (i) Think twice before you do something new. (ii) Use things red in colour. (iii) Pay attention to your love and care.</p>
 <p>Mithun / Gemini (Ka, Gha) Prediction: You will get victory over your situations or problems and peace is on the way. Advice: (i) Take help from someone whom you trust. (ii) Use yellow colour and gold ornaments. (iii) Pay attention to your decisions.</p>	 <p>Kanya / Virgo (Pa, Tha, Nn) Prediction: You will be strong enough to rectify your past mistakes and that will help you a lot. Advice: (i) You should try to understand the situations. (ii) Take advice from whom you trust. (iii) Pay attention to your will power.</p>	 <p>Dhanu/Sagittarius (Bha, Dha, Fa) Prediction: There is some money improvement this week and your outlook will help you. Advice: (i) Control your emotions when they are negative. (ii) Use things yellow in colour. (iii) Pay attention to your work.</p>	 <p>Meen / Pisces (Da, Cha, Tha, Za) Prediction: You will find some better way to get peace of mind and satisfaction. Advice: (i) Avoid arguments and try to understand the opinions of the people. (ii) Use things dark blue in colour. (iii) Pay attention to your faith.</p>

QR CODE CON- RS.4/LAKHS GONE

■ Home Times Network

Digital payment methods are becoming part of our day-to-day lives. Post-COVID, most people are now accepting digital payments. The most widely used payment is via QR codes. However, a cyber-cheat used the QR code in his favour. He conned a Mulund youth and siphoned off Rs 4 lakhs from his account! The police are hunting for the culprit.

According to Navghar Police, Mulund East resident Prateek Mokashi uploaded an advertisement in the famous free-selling app OXL on September 4 to sell his old guitar for Rs 4,500/-. Karthik Sharma

contacted the seller and expressed his desire to purchase the guitar. Sharma sent a QR code to Prateek and asked him to scan the QR code. He promised after scanning the QR code, money would be credited into his account.

As per instruction, innocent Prateek trusted Sharma and scanned the QR code. Surprisingly, to his dismay, instead of money credited into his accounts, Rs 4,500 was debited from Prateek's account! Enraged by the cheating of the buyer, Prateek called him and fired him on the phone for the fraud. Nevertheless, clever Sharma apologized for the error, re-sent a QR code, and assured

money would be credited in his account. Prateek once again trusted Sharma and scanned the QR code. However, yet again, Sharma conned Prateek, and Rs 5,000/ was deducted from his bank account.

In his greed to get his money back, Sharma kept conning Prateek, and he repeatedly scanned the QR code and, in the process, lost Rs 4 lakhs. Eventually, Prateek realized that he had been conned and lodged a complaint with the Navghar police station. Navghar Police has registered a case under Section 34, 420 of the IPC and IT Act against an unidentified person and is pursuing further investigation of the case.

Mulund shopkeeper loses Rs.8/ lakhs in a fake power bill scam

■ Home Times Network

After as many as four victims were targeted by the notorious electricity bill scam in a single week in Mulund East, HOME TIMES reported the matter with sincerity and tried to educate the people to be vigilant of such fraud. Even the Mulund Police released an appeal urging people to be alert to such fake calls and report such crimes to the police. Despite awareness, this week, a shopkeeper in Mulund West became the victim of the electricity bill scam.

According to Mulund Police, A Mulund

shopkeeper (name hidden) received a message on his WhatsApp number threatening to disconnect the electricity at his house the same night at 9:30 p.m. due to non-payment of electricity bills. However, the shopkeeper told the message sender that he had paid the electricity bill, and there seemed to be some mistake in the billing department.

In reply to the shopkeeper's call, a person impersonating an officer from the MSEDCL electricity department agreed that the payment was done but conned the

shopkeeper, saying that the paid electricity amount had not been updated in the electricity board register list. Hence, he sent a link and asked the shopkeeper to click the link and fill in the details. No sooner did the shopkeeper clicked the link and shared bank details, more than Rs 8 lakh was siphoned off from the victim's account in six different transactions that occurred simultaneously one after the other.

The shopkeeper reported the matter to Mulund Police Station. Currently, Mulund police are investigating the case further.

THREE HELD FOR MULUND WAREHOUSE THEFT

■ Home Times Network

The Navghar police successfully apprehended three individuals for pilfering goods worth lakhs of rupees from a warehouse in Mulund East. The stolen items have been recovered, and the suspects are currently in police custody.

On September 11, Navghar police registered a theft case involving construction goods worth lakhs of rupees stolen from a warehouse in Mulund East. The Navghar police promptly responded, intensifying efforts to locate the culprits. The subsequent arrest of the three



accused—Sameer (25), Vikas Parida (26), and Dinesh Swain (33) was the result of a thorough review of more than 60 CCTV cameras. All three individuals are natives of Odisha.

Guided by Zone VII Deputy Commissioner of Police Purushottam Karad and Senior

Police Inspector Dattaram Girap of Navghar Police Station, the operation was executed by a team including Police Inspector Jaywant Sankpal, Police Inspector Santosh Dhadve, Police Inspector Shivkumar Vakchore, Police Constable Suresh Patil, and Police Constable Santosh Gutte. The successful apprehension of the accused also involved the proactive participation of Police Constable Mangesh Dandagawahad and female police constable Ashwini Kale.



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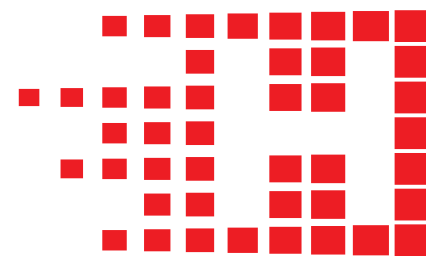
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