

PROMISE UNDELIVERED : MEAGRE FACILITIES AT TOLL BOOTHS IRKS MOTORISTS

■ Home Times Network

The citizens are angry over the ruling Shiv Sena-BJP state government for giving a Nelson Eye to demands for additional facilities that it promised at the Toll Nakas of Mumbai after the Maharashtra Navnirman Sena (MNS) gave an ultimatum to provide facilities within one month. The citizens are disappointed and have appealed to the government to implement the facilities as soon as possible.

Maharashtra Navnirman Sena (MNS) President Raj Thackeray launched an aggressive protest against the state government's decision to increase the tolls levied at the entrance of



Toll Nakas in Mumbai from October 1. After this, Raj Thackeray served an ultimatum to the Shinde government and demanded facilities for motorists, like the digital display

of tolls collected by the toll administration at the five Nakas. Apart from this, provide toilet facilities, ambulance facilities, an additional police force, and CCTV cameras to count the number of vehicles entering the Toll Nakas. However, despite assurances, the government has failed to live up to its promise to fulfil the facilities.

Annoyed at the failure of the government to fulfil the demands, an MNS leader said, "There are three toll booths in Mulund East and West. Of these, a digital display has been installed on LBS Road in Mulund West, and a toilet facility is

Contd. on page 3

Put Up Marathi Sign Boards or Face Action: BMC

■ Home Times Network

With elections round the corner, Raj Thackeray-led party Maharashtra Navnirman Sena (MNS) is back in action with a bang and is picking up public issues to win votes. After the Toll Naka facility issues, the MNS became aggressive over the Supreme Court's order regarding Marathi signboards over shops. Raj Thackeray has warned of 'protest' if Marathi boards are not put up on the shops within three days. The BMC has also announced punitive action to be initiated starting November 26, as the Supreme Court deadline ends on November 25.

The issue of Marathi sign boards on shops and institutions in Mumbai has once again raised its ugly head. The Supreme Court had allotted two months to install Marathi sign boards. The deadline concludes today,

i.e., November 25, 2023. Hence, abiding by the Supreme Court order, BMC will initiate action against shopkeepers who violate the order from tomorrow (November 26).

Penalties will be slapped on November 26

A senior BMC officer said, "Raiding squads will be prepared ward-wise, and a Rs 2,000 fine will be slapped for failing to comply with the orders, and no sympathy or extra time will be granted to the owners." The officer informed me, "Initially, notices were given to shopkeepers violating the law. But now the notice system has been stopped, and strict action will be taken immediately." "Earlier, only shops employing more than 10 workers were supposed to pay a fine, but now the law applies to all shop owners having even 1 or 2 employees," the officer

said.

There are 7 lakh shops, hotels, and other establishments in Mumbai city and suburbs. In the first action, BMC collected Rs 23,436 from shopkeepers for not posting sign boards in Marathi. In the second instance, notices were issued, and BMC collected Rs 5,217 from shopkeepers who ignored the notice.

Informing about the signboards in Mulund, a BMC T-Ward officer said, "In Mulund, the signboards of maximum shops have been changed into Marathi. But still, many shops and institutions have not changed to Marathi."

The Federation of Retail Traders Welfare Association has appealed to shop owners to put up Marathi boards as soon as possible so that no action is taken against them by the BMC.

Citizens oppose PAP in Mulund

■ Home Times Network

Leaders in Mulund East are expressing concerns about the potential impact of the PAP project on social harmony. The ongoing initiative, which involves the construction of 4500 houses in the area, has become a contentious issue. Leaders allege that the previous government abandoned the project for financial gain, raising worries that its implementation could lead to social, cultural, and religious upheaval in Mulund.

The construction of 4500 houses near the Kelkar College campus in Mulund East is progressing rapidly, but it is already mired in controversy. As part of the project, families affected by it will be relocated through various development initiatives by the BMC and



MMRDA. However, there are concerns that the displacement of affected families will be more significant in Mankhurd Behram Pada, Baingan Pada, Shivajinagar, and Govandi compared to Mulund. With an estimated settlement of 40,000 people, leaders fear the potential

for social, religious, and cultural gentrification in Mulund.

During a press conference, BJP leader Kirit Somaiya voiced opposition to the project, alleging not only a disturbance in religious harmony but also rampant corruption. Somaiya claimed that the developer

who was awarded the project by the BMC received a substantial amount of land, along with a 3000-crore benefit for development from the civic administration. A formal complaint has been filed in Mulund Navghar Police Station, highlighting the concerns raised by the leaders.

The project has instilled fear among the citizens of Mulund East, with complaints filed at Mulund Police Station regarding work continuing late into the night at the project site. Rahul Banawali of 'Me Mulundkar Pratisthan' has joined the opposition, urging against the project. The collective resistance from citizens and political figures signals potential political deterioration in Mulund's future landscape.

Mulund celebrates Chhath Puja with great enthusiasm and fervour

■ Home Times Network

Chhath Puja, the renowned festival dedicated to the worship of the sun god, was celebrated with great enthusiasm and fervour across the country. In Mulund, on Sunday, devotees in large numbers thronged ponds and lakes in the afternoon to break their 36-hour-long rigorous fasting by taking holy dips in water bodies, offering worship to the setting sun, and urging 'Chhath Maiya' to fulfil their wishes.

Chhath Puja holds special significance for people in Northern states like Bihar, Jharkhand, Uttar Pradesh, and parts of Nepal. In Maharashtra, the people hailing from North India celebrate the festival with much devotion. The celebrations create a vibrant atmosphere, marked by colourful decorations, traditional songs, and a sense of unity among communities.



In Mulund, on the third day of Chhath Puja, i.e., Sunday evening, the rush at Morya Talao in Mulund East was unprecedented. Devotees from Mulund and its suburb offered 'Arghya' (Water Offering) to the sinking sun standing knee-deep in Morya Talao. The Mulund Chhath Puja Committee has been successfully organising the Arghya for the devotees at Morya Talao for the last 13 years.

MP Manoj Kotak of North-East Mumbai, Former Councillor Samita Kamble, Rajni Keni, and other dignitaries celebrated the festival along with the devotees at Morya Talao. The Mulund police had made elaborate security arrangements to prevent any kind of untoward incident from taking place during the festival.

Why is Chhath Puja celebrated?

According to Hindu belief, the story is popular that Chhath festival started from Mahabharata period. This festival was first started by Surya's son Karna by worshipping the sun. It is said that Karna was a great devotee of Lord Surya and used to stand in water for hours every day and offer arghya to him. He became a great warrior by the grace of Surya. Even today this tradition of arghya dan is prevalent in Chhath Puja celebrations.

SCHOOL PRINCIPAL BOOKED FOR PESTERING A CO-EMPLOYEE

■ Home Times Network

Shaming the education profession, a principal of a renowned international school in Bhandup has been booked for allegedly stalking a lady coordinator in the school. The police have begun a probe, though no arrest has been made.

According to police, a 48-year-old lady working as

a coordinator in a reputed international school in Bhandup has alleged stalking charges against the school principal. In her complaint, the lady informed that ever since June 2023, when she was appointed in the school, the principal has been stalking her with perverse intentions. The victim claimed the principal constantly kept

messaging her, and whenever the victim was around, the principal made inappropriate gestures. Frustrated by daily trauma, the victim approached HR and the administration of the school and reported the matter. When the principal learned about the complaint, he sacked the lady from the school.

However, the daring lady

approached the Bhandup police station and registered a case against the principal. The Bhandup police have booked the school principal under IPC sections 354 D (stalking) and 504 (intentional insult with intent to provoke breach of the peace). Though no arrest has been made, police have begun an investigation.

Two held for abusing MSEDCL staff

Sachin Borade and Vijay Borade find themselves facing charges for impeding the duties of electricity employees in Mulund. Mahavitrans has launched a robust initiative to tackle overdue electricity bills, conducting a door-to-door operation in Mulund to disconnect power for customers with outstanding bills surpassing sixteen days.

Regrettably, during this operation in Mulund East, Mahavitrans officers encountered abuse and interference, obstructing their efforts to fulfil their responsibilities.

Mahavitrans is actively monitoring instances of electricity theft and taking measures to disconnect power for customers who neglect to settle their bills.

In the Chintamanrao Deshmukh Udyan area and Sainath Society area of Mulund East, Sachin and Vijay Borade obstructed Mahavitrans employees attempting to address overdue bill payments.

Consequently, a case has been lodged against both brothers at the Navghar police station, charging them with obstructing government work.

PROMISE UNDELIVERED : MEAGRE FACILITIES AT TOLL BOOTHS IRKS MOTORISTS... cont...page 1

also available, but no ambulance facility is available at this toll booth. Similarly, there is no ambulance or digital display at the toll naka in Mulund East. The Airoli Toll Naka also lacks an ambulance and digital display, and no additional police force is deployed.

The MNS had also demanded a yellow line to be drawn 200–300 metres away from the toll booths, and if vehicles were beyond this line, all those motorists in the zone between this yellow line and the booth would be allowed to pass without

paying a toll to ensure faster clearance of vehicles. However, MNS activists allege that though a yellow strip has been drawn at a distance of 300 metres from all these toll booths, there are long queues of vehicles at these toll booths as the yellow rule is not obeyed.

As a preventive measure against air pollution to reduce the Air Quality Index (AQI) in the city, the BMC commissioner has taken the initiative by installing water sprinklers at the five-toll plaza to wash the dusty tyres of vehicles heading into the

city. Tragically, no such facility has been installed in the Mulund Toll Nakas.

Annoyed at the government, another MNS leader said,

"The government is not serious in its promise to implement the demands." He added, "The government promised a toll-free Maharashtra. But when they came into power, they did not fulfil their promise. Toll revenues are a source of income in politics. They get money from toll operators; hence, Netas are unwilling to shut down the toll tax at the Toll Nakas."

EDITORIAL

Water Usage cannot be a lone Solution for Ever-growing Pollution

The air pollution in India is becoming a gas chamber. India's financial capitals, Delhi and Mumbai, are worst affected; instead of seeking a solution to the grave issue, the political parties are politicizing the issue and playing the dirty blame game.

The air pollution in Delhi, Mumbai, and other metropolitan cities has reached toxic levels. As a result, the health of citizens, particularly infants, senior citizens, and patients with asthma and respiratory, is unsafe. Doctors are thus advising such patients to be extra cautious and avoid unnecessary outings. According to health experts, the growing sporadic air pollution has increased cardiovascular and respiratory diseases, increased morbidity and mortality from acute asthma, acute exacerbations of chronic obstructive airway disease, and acute coronary events.

In Mumbai, Chief Minister Eknath Shinde has directed BMC Municipal Commissioner Iqbal Singh Chahal to form a special team to control air pollution in all the wards across the city. This team will raid the construction site, monitor and warn the developers about pollution, take legal action, and slap penalties for violating pollution norms. Besides, the BMC has decided to entrust the responsibility of checking on the construction sites to the Clean-up Marshals. If they find a violation, they can levy a fine on the contractor concerned.

The Mumbai High Court also lent a helping hand in curbing air pollution in Mumbai. The Bombay HC ordered municipal authorities and police to ensure firecrackers burst between 8 and 10 p.m. Besides, the Bombay HC decision banning the transportation of construction material in and out of sites saw substantial improvement in air quality during the Diwali festival.

The sprinkler systems to clean the tires of vehicles entering the city and stopping burning garbage helped to curb air pollution. The BMC is also monitoring that garbage is not burned in housing societies. These measures are worthy steps to curb air pollution. However, developers, citizens of society, motorists, and citizens ask if roads and intersections will be washed with water. Where will this water come from? Already, the city has received less rain this year; hence, the BMC must use water sparingly.

In short, air pollution is not a hurricane problem that cannot be solved. They are many countries like Mexico and China which have demonstrated that they can clean the air quickly. The COVID-19 lockdown also showed us blue skies in Delhi, demonstrating that the problem is solvable, only if the government and the citizens pledge to clean the environment! Last but not least, India must adapt to clean energy and renewable energy fuelling public mobility.

Hemanshu Kothari

Grand screening of the World Cup finals in Mulund



■ Home Times Network

As the 'unbeaten' India cricket team took on the Kangaroos in the World Cup final match at Narendra Modi Stadium in Ahmedabad on Sunday, there was jubilation across the country. The cricket fever had swept the nation so much that everyone, from the layman to the top politicians and film stars, witnessed the match, cancelling all the vital schedules. A special screening of the live cricket match was put up on wide screens across the country to enjoy and celebrate India's victory! However, all excitement was dashed to the ground after India lost the match, breaking the hearts and hopes of millions of cricket lovers!

In Mulund, the enthusiasm and exhilaration to watch the World Cup cricket match were also visible, with several housing societies making special arrangements on the big screen to watch the match live and boost the morale of Indian players. The biggest

show in Mulund was at the Kalidas Auditorium. The Youth Prerna Foundation had arranged a massive screen at Kalidas auditorium to telecast the live match of the final match of the World Cup between India and Australia. Kalidas's auditorium was packed with cricket lovers.

The match was watched by several eminent personalities from Mulund, ranging from politics to the business fraternity. Among the celebrities who watched the match were North East Mumbai MP Manoj Kotak, former Mulund corporator Samita Kamble, etc. Besides, several senior citizens, children, and numerous cricket lovers from Mulund and its suburbs attended the mega carnival!

At the end of the match, the loud and excited atmosphere before the start of the match fizzled like air blown out of a balloon! The citizens' mood turned sombre, and people were stunned at the unexpected defeat of a team that had won all the matches in the World Cup!

CM takes proactive steps, forms committee for scientific landfill disposal

Production of about 100 megawatts of electricity from waste

■ Home Times Network

Residents living in Hari Om Nagar can cheer! Soon, the awful smell emanating from dumping ground will come to an end!! The Maharashtra Chief Minister Eknath Shinde, in a meeting with the Union Minister, has taken a concrete decision to get the city rid of the dumping problem. In a recent development, the Chief Minister has directed the BMC to appoint a committee to prepare an action plan for the scientific disposal of waste dumped in landfills.

Residents living around Mulund East, Kanjurmarg, and Deonar, fed up with the dumping ground, joined together and protested the growing pollution in Mumbai. Bowed by the residents' just demand, Chief Minister Eknath Shinde, along with Union Urban Development Minister Hardeep Singh Puri, State Chief Secretary, BMC Municipal Commissioner, Secretary of MoHUA, and other senior officials, announced a permanent solution to the dumping issue in the city through video conferencing on Thursday.

The Chief Minister expressed concern over thousands of tonnes of waste collected at the dumping sites of Mulund, Kanjurmarg, and Deonar in Mumbai.

Hence, he suggested forming a committee which will scientifically dispose off the mounting waste using the latest technology and submit its action plan within a week. This committee will consist of the Secretary to the Government of India, the Principal Secretary of State, the BMC Commissioner, and the Additional Commissioner of BMC.

The Chief Minister said, "To curb air pollution and improve the AQI in the city, it is essential to scientifically dispose off the massive waste accumulated in tonnes in the dumping ground of the city."

■ Production of about 100 megawatts of electricity from waste

The Union Minister of Housing and Urban Affairs, Hardeep Singh Puri, instructed the civic authorities to appoint a three-member committee headed by the municipal commissioner to work out an emergency action plan for dumpsite remediation. He said, "7,000 metric tonnes of garbage are dumped in Kanjurmarg and Deonar dumping grounds in Mumbai. If we use scientific disposal methods, then about 100 megawatts of electricity can be produced from the accumulated waste at dumping sites."

Mr. Puri further informed, "In the first

phase, at the Deonar dumping ground, 600 metric tonnes of waste will be disposed off to produce electricity. This will provide 6 megawatts of electricity per day. Besides, the project is also being planned to generate electricity by converting 1800 metric tonnes of waste in the future. Hence, 10 megawatts of electricity can be produced per day. Part of the electricity generated from waste will be used in the same plant."

According to the data provided by the BMC, 5500 metric tonnes of waste are dumped on an average at the Kanjurmarg dumping ground in Mumbai. Out of this, 500 metric tonnes of wet waste are processed through window composting technology. 500 metric tonnes of fuel and 4500 metric tonnes are processed using bioreactor technology. In Mulund, on an average, 155 metric tonnes of waste are dumped at the Kanjur Marg. Out of this, 25 metric tonnes of wet waste are processed for manure and other uses.

In 2011, BMC appointed Antoni Lara Agency for the scientific disposal method. This waste is composted to make manure. The BMC has appealed to citizens to segregate dry and wet waste and keep their localities clean.

'Gym on Wheels' for underprivileged women

■ Home Times Network

These days, gyms have become an integral part of the lives of Mumbaikars, looking at their hectic lifestyle. However, going to the gym is not a cup of tea for the middle class or the underprivileged. Nevertheless, gyms are not limited to the upper class either. Gyms are equally essential for the so-called 'common man' as they are for the rich and famous. Hence, to provide access to the gym to every lady living in the slums

of Mumbai, the Brihanmumbai Municipal Corporation (BMC) has introduced a pilot project, Gym on Wheels, wherein a bus equipped with gym gadgets will move around the slums of Mumbai and cater to the health and physical fitness needs of the underprivileged women.

The innovative idea of the 'Gym on Wheels' for the women living in the slums is the brainchild of Mangal Prabhat Lodha, the Maharashtra Minister and Mumbai's Guardian Minister.

BMC will spend about Rs. 75 lakhs on a mobile gym, which will be in service for the next three years. The gym will be designed as per Lodha's vision. The trial run of 'Gym on Wheels' will start in December.

Informing about the project, a senior BMC officer said, "Just like a vanity van of film stars that houses a living area, bedroom, restroom, gym, and many more facilities, the BMC will be renovating BEST buses into a gym, which will have all

the exercise equipment. It will have an in-house female fitness trainer to help the women through exercises and teach them the importance of physical fitness. The buses will have a female staff, including fitness trainers, attendants, and a lady bus driver.

The gym bus will change its location daily, especially targeting the slum areas. Each slum zone that the bus visits will have its own scheduled time slot for fitness sessions.

NO HIKE IN WATER TAX FOR THE YEARS 2023–24

■ Home Times Network

In an attempt to cheer the voters and win the votes in the upcoming elections, the Shinde-led Shiv Sena-BJP government has deferred its plan to hike the water charges for the financial year 2023–24. The proposal for hiking water charges was sent to the municipal commissioner and state-appointed administrator, Iqbal Singh Chahal, last week. However, the decision to increase water prices by 8 percent was cancelled after Chief Minister Eknath Shinde took a U-turn. The decision has been lauded by the citizens, and they have heaved a sigh of relief.

Each year, BMC hikes



the water tax by 8 percent to reimburse money spent on administrative costs, maintenance costs, and the cost of water drawn from government reservoirs. Similarly, the cost

of water purification and drugs added for cleansing also adds to the budget. Hence, to recover these expenses, the BMC sent a proposal for a hike in water rates, as per the Municipality

Water Act 2012.

The final decision on the hike in water tax was to be announced on December 1. However, the Municipal Commissioner, I.S. Chahal, announced the hike in advance at the direction of Chief Minister Eknath Shinde.

Mumbaikars are delighted by the decision to decline the hike in water charges. A Mulundkar said, "The hike in water charges is an injustice to the citizens already facing inflation." While the citizens are happy with the decision, political experts claim that the Shinde government has taken the citizens for a ride as the decline in water tax is a watershed to win voters.



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CYCLE TRACK REVAMP SPARKS PUBLIC OUTCRY

■ Home Times Network

Once celebrated as a symbol of urban progress, the Mulund cycle track is slated for another costly overhaul, much to the chagrin of the local populace. Originally envisioned as part of the Haritwari Jaltiri project, which involved the removal of encroachments and hutments near water channels supplying Mumbai's water, the cycle track aimed to cultivate a cyclist-friendly environment. However, due to negligent maintenance practices, the cycle track and footpath have deteriorated significantly, prompting authorities to allocate substantial funds for their revitalization.

Initially implemented as a pilot project alongside the removal of encroachments in the Mulund area, the cycle track spanned 1.140 km along the main water channel. Despite its completion in 2016-17, the passage of seven to eight years has left the infrastructure riddled with potholes and uneven surfaces. In response to citizen complaints and dissatisfaction with the deteriorating conditions, the civic administration has approved a significant budget of four crore rupees, along with additional taxes, for the resurfacing and



repair of the cycle track.

Shankheshwar Enterprises has reportedly been selected as the contractor for this extensive undertaking. The four-phase, 39 km cycle track project, initiated in 2018 to enhance internal transport options in Mumbai, has faced criticism for purported underutilization. Despite its original intention to connect Mulund to Dharavi and Ghatkopar to Sion area, the cycle track allegedly falls short of expected usage levels. Critics argue that the expenses incurred

on these projects have been mismanaged, leading to the premature cessation of some cycle track initiatives by the civic body.

As citizens prepare for another round of repairs, discontent within the community is tangible, with worries about the financial burden on taxpayers. The impending expenditure, coupled with perceived inefficiencies in project management, has cultivated an atmosphere of dissatisfaction among Mumbaikars.

Pedestrian burgled in wee hours on GMLR

■ Home Times Network

Mulund is fast turning into a hub for criminals. Apart from criminals roaming loose at night, life has become dangerous for Mulundkars, even in the early morning. Last week, a Bhandup resident walking alone on the Goregaon Mulund Link Road (GMLR) was looted by six hoodlums. The thugs stole his gold chain and luxurious hand watch at the point of a knife. The Navghar police have arrested four accused, while two are absconding.

According to Navghar Police, Bhandup resident Gyandev Kadam was on his way home



in the early morning on Wednesday, November 15. The road was deserted, with no human beings and just vehicles plying. Kadam walked fast to reach home. He observed two men following him. He was frightened, as they appeared to be goons. Kadam started taking bigger strides, but to his unfortunate surprise, Kadam was left surprised to find four more

thugs coming in his direction. Before Kadam could run, he was grasped by the three goons, while the fourth thug forcibly snatched Kadam's gold chain, weighing 7 grams. Moreover, the two goons chasing Kadam stole the expensive watch that Kadam was wearing in his hand. The gangsters escaped towards the Sonapur signal in autorickshaws!

Soon after the theft, Kadam reported the matter to the Navghar Police. The police swung into action and arrested four people: Zeeshan Siddiqi, Ali Raja alias Chhote Mian, Mohammad Azgar Ali Ashraf Khan, and Musar Muhammad Mustaq Ali Khan. The accused have been booked under Section 395 of the IPC and sent to judicial custody.



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"SU-JOK" TEMPOROMANDIBULAR JOINT DYSFUNCTION (JAW PAIN)

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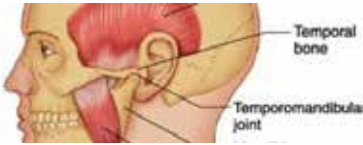
Temporomandibular joint dysfunction is one of the main causes of jaw pain affecting millions of people globally.

What happens in temporomandibular joint dysfunction?

Temporomandibular joint connects the jaw to the temporal bone of the skull. This joint allows the jaw to perform regular facial movements like talking, smiling, laughing, and chewing. Temporomandibular joint dysfunction occurs when this joint becomes inflamed or damaged, resulting in pain in the ear, face, jaw, neck, stiffness, and difficulty in opening and closing the skull.

Common cause

- include dental problems
- Teeth grinding and clenching
- Arthritis



- Injury
- Ear infections
- Salivary glands disorder
- Tension headaches.

At "Monisha's Mantra," we have been helping patients get rid of their jaw pain without any medicine in the following manner.

Treatment

- Avoid certain daily actions that can put pressure on the inflamed or damaged temporomandibular joint, like grinding and clenching teeth, arthritis, chewing gum, or eating hard foods.
- Correct posture because poor posture can put pressure on the muscles and joints of the jaw and neck.
- De-stress with relaxation techniques like smile meditation and yoga-pranayama because chronic stress can cause tension in jaw muscles.
- Eat foods rich in anti-inflammatory properties to reduce inflammation.



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Regularly massage the corresponding painful jaw area around the thumbnail for a minute with fingers or a probe, 3-4 times daily (As shown in Pic 1)

Apply 3 mung seeds on the corresponding painful jaw area daily at night (As shown in Pic 2).



Dr. Monisha Rawat - Founder of 'Monisha's Mantra', Mumbai and Global We Care Foundation -

M.Sc., M.D. (Alternative Medicine), Life Coach, Master in Sujok, Consulting Nutritionist, Corporate Trainer, Holistic Counselor, Sujok Diabetes Specialist, International Lecturer for Sujok & Smile Taiji. ISA Authorized Lecturer for SUJOK Level - I, II, III & IV Award Winner as a BEST PERFORMING TEACHER by International Sujok Association (ISA) - SIC 2019 • National Excellence Health Award - 2019 During COVID-19 • Award winner of International Women Excellence Empowerment Award (WEE) - 2020 as a RISING STAR • Award winner of India Best Therapist Award for the Year 2021 by MKSS • Award Winner of ET CHANGE MAKER-2022 for Health & Wellness powered by Economic Times-Ascent & Navbharat Times

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Sunita Desai is a Tarot reader since 2003, Grand master in Reiki, Four levels in Chakra Meditation, Master in Marma, GP in Shiatsu, crystals and Pyramid expert, master Acupressurist, aroma therapist, Pranic healer, aura reader & Virtue Practitioner.

Writer of two books on Personality Development (which are taught in Gujarati medium schools in Maharashtra) For personal consultation, You can contact her on: **+91 93234 30355 or desaisunita02@gmail.com**



Tarot readings, predictions & tips for the week (25th November - 01st December 2023)



Mesh / Aries (A, L, E)

Prediction: You will not be able to take proper decision and will suffer for that.
Advice: (i) Visit any holy place this week.
(ii) Use things blue in colour.
(iii) Pay attention to your decisions.



Kark / Cancer (Da, Ha)

Prediction: Some things will not happen as per your wish but will give you benefits.
Advice: (i) Try to understand your relations.
(ii) Use things brown in colour.
(iii) Pay attention to your emotions.



Tula / Libra (Ra, Ta)

Prediction: Some your relatives or friends will help you in your financial problems.
Advice: (i) Talk wise and try to be tolerant. (ii) Use green colour and eat green vegetables.
(iii) Pay attention to your strength.



Makar / Capricorn (Kha, Ja)

Prediction: Some unplanned work will give you fantastic outcome. Stability is on your way. Advice: (i) Group is greater than any individual for you. (ii) Don't go for any partnership in any matter. (iii) Pay attention to your finance.



Vrishabh / Taurus (Ba, Va, U)

Prediction: You will become stronger on some points and will take decisions in your favour.
Advice: (i) Think twice before you speak.
(ii) Use things pink in colour.
(iii) Pay attention to your cosmic energy.



Sinha / Leo (Ma, Tt)

Prediction: You will not be able to get money for your extra needs. But you will visit new place. Advice: (i) Control your emotions and be practical. (ii) Feed birds and animals and help needy people. (iii) Pay attention to your greed.



Vrushchik / Scorpio (Na, Ya)

Prediction: You will not be able to complete your work in time but people will co-operate you. Advice: (i) Trust your instincts and follow your sixth sense. (ii) Visit your old relatives and visit any temple. (iii) Pay attention to your love and care.



Kumbh/Aquarius (Ga, Sa, Sha, Sh)

Prediction: You will celebrate your success. Some well-known person will come in your contact for your benefit. Advice: (i) Co-operate with new and old relations. (ii) Don't trust anyone more than enough. (iii) Pay attention to your thoughts.



Mithun / Gemini (Ka, Gha)

Prediction: Your jealousy will break your heart only and will not get support.
Advice: (i) Don't try to overrule anyone.
(ii) Use things red in colour.
(iii) Pay attention to your anger.



Kanya / Virgo (Pa, Tha, Nn)

Prediction: You will earn a good name for your good work and admiration will improve your work quality.
Advice: (i) Don't underestimate your relatives. (ii) Meditation will help to take decisions. (iii) Pay attention to your cosmic energy.



Dhanu/Sagittarius (Bha, Dha, Fa)

Prediction: Someone whom you don't consider much will help you in very big things. Some surprises are there. Advice: (i) Give time to some spiritual reading. (ii) Time is good for investments so focus on the same. (iii) Pay attention to your illusion.



Meen / Pisces (Da, Cha, Tha, Za)

Prediction: You will face some frustration. Some unsolved problems will disturb you in your routine. Advice: (i) Don't pay attention to unfavourable situations. (ii) Keep some attired article for good luck. (iii) Pay attention to your food and sleep.

Temple Idol theft Spurs Concern in Mulund

■ Home Times Network

Mulund recently experienced a troubling incident as thieves targeted a local temple, absconding with a valuable idol and the silver-plated garments adorning the sacred statues.

The focal point of this incident is the esteemed Deepak Griha Mandir on PK Road in Mulund, recognized as one of the area's prominent temples. Within its sanctum, the temple shelters a precious Panchdhatu

idol, complemented by two marble statues. On the evening of November 22, the temple adhered to its regular closing time of 9:30. However, upon reopening at 5:30 am the following day, the priests were confronted with a disheartening scene—the temple's entrance had been forcibly breached.

Upon thorough examination, it was unveiled that the Panchdhatu idol had been stolen, along with the silver-

plated garments embellishing the two marble statues. The cumulative worth of the pilfered items amounted to Rs 170,000. Promptly responding to this unfortunate occurrence, the temple's management filed a complaint with the Mulund police station, detailing the theft of the sacred idol. The Mulund police are now actively involved in the investigation, diligently striving to apprehend the unknown perpetrators

responsible for this deplorable act.



Burglary Strikes Neelam Nagar: Jewels and Cash Stolen

■ Home Times Network

In a recent incident, Neelam Nagar in Mulund fell victim to a burglary where unidentified thieves forcibly entered a secured residence, making off with both jewellery and cash from a cupboard. The community now finds itself enveloped in a sense of unease, prompting calls for heightened police patrolling.

The targeted home belonged to the Rane family, residents of Neelam Nagar.

During their absence on November 19, neighbours contacted Rane's brother, Santosh Kumar, alerting him to the suspiciously open door at their residence. Upon investigation, Kumar discovered a disarrayed interior, with signs of a forced entry into the cupboard. The perpetrators successfully made away with jewellery and cash valued at ₹75,000.

In response to this unfortunate

incident, Santosh Kumar promptly reported the burglary at the Navghar police station. The police have initiated an investigation into the matter, aiming to identify and apprehend the culprits behind this intrusion. The incident has left the neighbourhood on edge, urging local police to intensify their efforts in patrolling to ensure the safety and security of the community.



ONE HELD FOR DRUG TRAFFICKING

■ Home Times Network

Mulund police have apprehended a person involved in the smuggling of MD drugs. The arrested individual, identified as Mohammad Tohif Sadhat Sheikh, was taken into custody during an operation conducted in the Vasant Oscar area of Mulund. This action is part of heightened vigilance by the police, prompted by an increase in the crime rate in Bhandup, particularly following recent murders in the region. Police stations in Zone VII have been placed on high alert, leading to increased

surveillance of areas where drugs are sold and consumed within the Mulund police station's jurisdiction. In response to information received about an individual allegedly engaging in drug sales in the Vasant Oscar area, the Mulund police set a trap that led to the arrest of a 29-year-old youth named Mohammad Ali



Shaikh. Upon searching him, the police discovered pills weighing 20 grams, identified as MD, with an estimated street value of around two lakh rupees. Mohammad Ali Shaikh was arrested under the Anti-Narcotics Act, and the Mulund police are presently conducting an investigation to trace the source of the substances acquired by Mohammad Sheikh.



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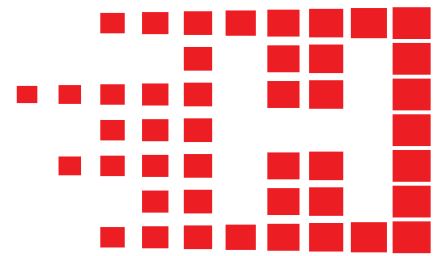
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